



L U N C H

We are proud to use only antibiotic-free, cage free, hormone-free poultry and sustainably-harvested seafood.

We strive to use locally sourced and organic products.

EXPRESS LUNCH

All of our artisan sandwiches are served with your choice of organic greens, blues, house made jicama slaw, caprese or a cup of soup.

ARTISAN SANDWICHES

- | | |
|---|------|
| Cuban | 7.9 |
| Smoked pulled pork and chicken, melted cheeses, mustard and pickles on a toasted artisan roll. | |
| Grilled Vegetable | 8.5 |
| Grilled mixed vegetables topped with melted cheese on a toasted artisan roll with a creamy cheese spread. V | |
| Crab, Shrimp & Avocado | 8.9 |
| Lump crab and shrimp salad on locally baked Prairie Grain bread, greens, tomato and avocado. | |
| Prime Rib Sandwich | 12.9 |
| Sautéed mushrooms, caramelized onions, fontina cheese, horseradish sauce on a toasted artisan roll. Served with a natural au jus. | |

GREENS

- | | |
|--|------|
| Salmon Asparagus Salad | 10.9 |
| Certified Sustainable, broiled Atlantic Salmon*, organic greens, asparagus, tomatoes, feta cheese, walnuts, cranberries, house made lemon balsamic vinaigrette. GFO | |
| Chicken or Shrimp Caesar Salad | 11.5 |
| Crisp romaine hearts, croutons, parmesan cheese, housemade Caesar dressing. Anchovies upon request. GFO | |
| Southwest Chicken Salad | 8.9 |
| House made chicken salad, organic greens, black bean salsa, tomatoes, avocado, cheddar cheese, crispy tortilla strips, house made Southwest ranch. GFO | |
| Steakhouse Salad | 15.9 |
| 8oz, Black Angus Flat Iron steak*, chopped lettuces, tomatoes, red onion, walnuts, cranberries, warm bacon, gorgonzola crumbles, house made gorgonzola dressing. GFO | |
| Julie's Farmer Salad | 8.9 |
| Organic greens, tomatoes, goat cheese, walnuts, green apple, cranberries, house made balsamic vinaigrette dressing. GFO HH V | |
| Add chicken or shrimp +6 or steak* +10 | |

GF = Gluten Free GFO = Gluten Free Option HH = Heart Healthier V = Vegetarian

*Foods are cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Please inform your server of any allergies or intolerances.