

# EXPRESS LUNCH

All of our artisan sandwiches are served with your choice of organic greens, blues, house made jicama slaw, caprese or a cup of soup.

## ARTISAN SANDWICHES

**Cuban 7.9**  
Smoked pulled pork and chicken, melted cheeses, mustard and pickles on a toasted artisan roll. GFO

**Grilled Vegetable 8.9**  
Grilled mixed vegetables topped with melted cheese on a toasted artisan roll with Boursin cheese. GFO V

**Crab Shrimp & Avocado Salad 8.9**  
Lump crab and shrimp salad on whole grain bread, greens, tomato and avocado.

**BBQ Short Rib Sandwich 12.9**  
Slow roasted, smoky BBQ sauce, jicama slaw. GFO

**Prime Rib Sandwich 13.9**  
Sautéed mushrooms, caramelized onions, fontina cheese, horseradish sauce on an artisan roll.  
Served with natural au jus.  
Choice of blues or greens. GFO

## GREENS

**Salmon Asparagus Salad 12.9**  
Certified Sustainable, broiled Atlantic Salmon\*, organic greens, asparagus, tomatoes, feta cheese, walnuts, cranberries, house made lemon balsamic vinaigrette. GF

**Chicken or Shrimp Caesar Salad 11.9**  
Crisp romaine hearts, croutons, parmesan cheese, house made Caesar dressing. Anchovies upon request. GFO

**Southwest Chicken Salad 8.9**  
House made chicken salad, organic greens, black bean salsa, tomatoes, avocado, cheddar cheese, crispy tortilla strips, house made Southwest ranch. GF

**Steakhouse Salad 15.9**  
8oz, USDA Choice Flat Iron steak\*, chopped lettuces, tomatoes, red onion, walnuts, cranberries, warm bacon, gorgonzola crumbles, house made gorgonzola dressing. GF

**Julie's Farmer Salad 9.5**  
Organic greens, tomatoes, goat cheese, walnuts, green apple, cranberries, house made balsamic vinaigrette dressing. GF HH V  
Add chicken or shrimp +6 or steak\* +8



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GF = Gluten Free  
GFO = Gluten Free Option  
HH = Heart Healthier  
V = Vegetarian

We are proud to use only antibiotic-free, cage free, hormone-free poultry and sustainably-harvested seafood.  
We strive to use locally sourced and organic products.

\*Contains raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Please inform your server of any allergies or intolerances.