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# L U N C H

*We are proud to use only antibiotic-free, cage free, hormone-free poultry and sustainably-harvested seafood. We strive to use locally sourced and organic products.*

GF = Gluten Free  
GFO = Gluten Free Option  
HH = Heart Healthier

## EXPRESS LUNCH

All of our artisan sandwiches are served with your choice of organic greens, blues, house made jicama slaw, caprese or a cup of soup.

### ARTISAN SANDWICHES

#### Tuscan 8.5

Imported prosciutto, roasted onions and peppers, melted mozzarella and fontina cheese on a toasted artisan roll with house made chimichurri.

#### Cuban 8.5

Smoked pulled pork and chicken, melted cheeses, mustard and pickles on a toasted artisan roll.

#### Grilled Vegetable 7.9

Grilled yellow and green squash, roasted onions, peppers, mushrooms, asparagus. Topped with melted cheese on a toasted artisan roll with house made chimichurri.

#### Crab Shrimp & Avocado Salad 9.5

Lump crab and shrimp salad on whole grain bread, greens, tomato and avocado.

#### Caribbean Crab Cake 10.9

House made jumbo lump crab cake, greens, tomato, pineapple mango salsa, remoulade on a toasted artisan roll.

#### BBQ Short Rib Sandwich 12.9

Slow roasted, smoky BBQ sauce, jicama slaw.

#### Prime Rib Sandwich 12.9

Slow roasted and shaved prime rib, sautéed mushrooms, caramelized onions, melted fontina cheese on a toasted artisan roll. Served with a natural au jus and a horseradish sauce.

### GREENS

#### Salmon Asparagus Salad\*\* 12.9

Broiled Atlantic Salmon, organic greens, asparagus, feta, walnuts, grape tomatoes, dried cranberries, house made lemon balsamic vinaigrette. GF

#### Chicken or Shrimp Caesar Salad

Crisp romaine hearts, croutons, parmesan cheese, house made Caesar dressing. Anchovies upon request.  
With chicken 9.5 With shrimp 12.5 GFO

#### Southwest Chicken Salad 8.9

House made chicken salad, organic greens, black bean salsa, tomatoes, avocado, cheddar cheese, crispy tortilla strips, house made Southwest ranch. GF

#### Steakhouse Salad\*\* 12.9

Charbroiled Black Angus Flat Iron steak, chopped lettuces, tomatoes, red onion, walnuts, cranberries, warm bacon, gorgonzola crumbles, house made gorgonzola dressing. GF

#### Julie's Farmer Salad 9.5

Organic greens, tomatoes, goat cheese, walnuts, green apple, cranberries, house made balsamic vinaigrette dressing. Add chicken +3 Add shrimp or steak\*\* +6 GF HH

\*\*Consumer Advisory: Consuming raw or undercooked foods may be hazardous. Do so at your own risk. If you have a food allergy, please speak to the owner, manager, chef or your server.